WO 2005/095636 PCT/US2005/009759

## What is claimed is:

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1. An assay for determining the activity of a TPP utilizing enzyme comprising the step of monitoring production of NADH by fluorescence.

- 2. The assay of embodiment 1, wherein the TPP utilizing enzyme is transketolase, alpha-ketoglutarate dehydrogenase or pyruvate dehydrogenase.
- 3. The assay of embodiment 1, wherein the activity is monitored by GAPDH-catalyzed conversion of NAD to NADH, resulting in the production of fluorescent NADH,
- 4. The assay of embodiment 1, wherein the activity is measured from homogenized cell samples without isolating cell components.
  - 5. The assay of embodiment 4, wherein the samples are tumors, blood and tissues, fresh or frozen, without further purification.
  - 6. An assay for determining the activity an enzyme in an oxidative ribose-5-phosphate generating pathway, comprising the step of monitoring production of NADPH by fluorescence.
  - 7. The assay of embodiment 6, wherein the enzyme is glucose-6-phosphate dehydrogenase.
  - 8. The assay of embodiment 6, wherein the activity is monitored by G6PDH-catalyzed conversion of NADP to NADPH, resulting in the production of fluorescent NADPH,
    - 9. The assay of embodiment 6, wherein activity is measured from homogenized cell samples without isolating cell components.
  - 10. The assay of embodiment 9, wherein the samples are tumor cells selected from the group of transformed cell lines, fresh or frozen tumor cells or tissues.

WO 2005/095636 PCT/US2005/009759

The assay of embodiment 1 or 6, performed on human tumor cells.

- The assay of embodiment 1 or 6, performed in multi-well dishes.
- 5 13. The assay of embodiment 1 or 6, wherein the assay is cellbased.
  - 14. The assay of embodiment 1 or 6, wherein fluorescence is measured with excitation at about  $340 \pm 30$  nm and emission measured at about  $460 \pm 30$  nm in kinetic mode.
- 10 15. The assay of embodiment 1 or 6, wherein the amount of total protein per assay is less than about 80 micrograms.
  - 16. A method for monitoring the effectiveness of a TPP mimetic drug treatment in a cancer patient, comprising the step of measuring the activity of a TPP utilizing enzyme by monitoring the production of NADH by fluorescence.
- 17. The method according to embodiment 16, wherein the activity is measured by sampling a tumor biopsy or whole blood of the patient before, during or after said drug treatment.
  - 18. The method according to embodiment 16, wherein the measurement of said activity can be used to modify said drug treatment in the patient.

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- 19. The method according to embodiment 16, wherein the drug treatment is optimized through recurring measurements of said activity in a patient.
- 20. The method according to embodiment 16, wherein the TPP utilizing enzyme is transketolase, alpha-ketoglutarate dehydrogenase or pyruvate dehydrogenase.

WO 2005/095636 PCT/US2005/009759

21. The method according to embodiment 16, wherein the activity is monitored by GAPDH-catalyzed conversion of NAD to NADH, resulting in the production of fluorescent NADH,

- The method according to embodiment 16, wherein fluorescence is measured with excitation at about  $340 \pm 30$  nm and emission measured at about  $460 \pm 30$  nm in kinetic mode.
  - 23. A method for identifying a TPP mimetic drug for use as a therapeutic agent comprising the step of comparing the inhibition by N3PT of a TPP utilizing enzyme with the inhibition by a test TPP mimetic drug.
- 10 24. The method according to embodiment 23, wherein the inhibition of the TPP utilizing is determined by monitoring the production of NADH by fluorescence.

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- 25. The method according to embodiment 24, wherein the activity is monitored by GAPDH-catalyzed conversion of NAD to NADH, resulting in the production of fluorescent NADH.
- 26. The method according to embodiment 23, wherein the inhibition of the TPP utilizing enzyme is measured by competitive binding in the presence of N3PT or thiamine.
- 27. The method according to any one of embodiments 23-26, wherein the TPP utilizing enzyme activity is transketolase.